## SESSIONS: 9:00am to 11:00am Pacific

9:00am to 11:00am Pacific 3:00pm to 5:00pm Pacific 7:00pm to 9:00pm Pacific

## March 2025

All ZOOM sessions are PACIFIC time

| Sun                    | Mon  | Tue  | Wed  | Thu   | Fri  | Sat  |
|------------------------|--|--|--|---|--|--|
|                        |  |  |  |   |  | 1<br>9-11 - abundance<br>3-5 - letting go<br>7-9 - awakening |
| 2                      | 3  | 4  | 5  | 6   | 7  | 8  |
| 3-5 - grief + loss     | 9-11 - full rest<br>3-5 - you are enough<br>7-9 - the origin     | 9-11 - you are enough<br>3-5 - guilt + shame<br>7-9 - letting go | 9-11 - awakening<br>3-5 - subconscious mind<br>7-9 - the origin      | 9-11 - grief + loss<br>3-5 - stress + anxiety<br>7-9- x       | 9-11 - you are<br>enough<br>3-5 - abundance<br>7-9 - abundance           | 9-11 - x<br>3-5 - ancestral healing<br>7-9                   |
| 9                      | 10   | 11   | 12   | 13  | 14   | 15   |
| 1                      | 9-11 - x<br>3-5 - fear<br>7-9 - guilt + shame                    | 9-11 - x<br>3-5 - you are enough<br>7-9 - inner child            | 9-11 - x<br>3-5 - full rest<br>7-9 - you are enough                  | 9-11 - subconscious<br>mind<br>3-5 - x<br>7-9 - guilt + shame | 9-11 - stress +<br>anxiety<br>3-5- fear<br>7-9 - imprints                | 9-11 - inner child<br>3-5 - abundance<br>7-9 - x             |
| 16                     | 17   | 18   | 19   | 20  | 21   | 22   |
| 3-5 - stress + anxiety | 9-11 - full reset<br>3-5 - subconscious mind<br>7-9 - letting go | 9-11 - x<br>3-5 - fear<br>7-9 - grief + loss                     | 9-11 - you are enough<br>3-5 - ancestral healing<br>7-9 - the origin | 9-11 - x<br>3-5 - inner child<br>7-9 - imprints               | 9-11 - letting go<br>3-5 - awakening<br>7-9 - x                          | 9-11 - grief + loss<br>3-5 - fear<br>7-9 - x                 |
| 23                     | 24   | 25   | 26   | 27  | 28   | 29   |
| 3-5 - the origin       | 9-11 - ancestral healing<br>3-5 - awakening<br>7-9 - inner child | 9-11 - x<br>3-5 - inner child<br>7-9 - imprints                  | 9-11 - guilt + shame<br>3-5 - imprints<br>7-9 - abundance            | 9-11 - fear<br>3-5 - awakening<br>7-9 - ancestral healing     | 9-11 - full rest<br>3-5 - subconscious<br>mind<br>7-9 - stress + anxiety | 9-11 - x<br>3-5 - letting go<br>7-9 - stress + anxiety       |
| 30                     | 31   |  |  |   |  |  |
|                        | 9-11 - x<br>3-5 - abundance<br>7-9 - you are enough              |  |  |   |  |  |